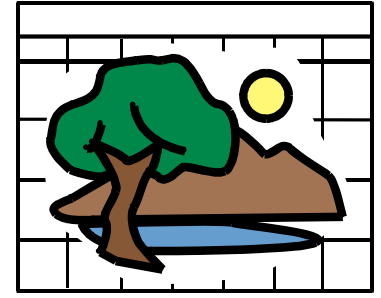




**South Manchester  
Down's Syndrome Support Group**  
*Fulfilling Potential*



**June 2011**

phone: 07593 542 107, email: [contact@dsmanchester.org.uk](mailto:contact@dsmanchester.org.uk) website: [dsmanchester.org.uk](http://dsmanchester.org.uk)



**June 25 Chatterbox Club** Heaton Moor Evangelical church, Green Lane, Heaton Moor SK4 3LH. Our monthly SaLT sessions combined with play, a chance to meet other families, sing and sign and craft activities. **Teachers and TAs welcome** - the activities modelled in these sessions are suitable to be used in educational settings. **Even if your child is not enrolled for SaLT sessions, your family is very welcome to come along for coffee, chat and sing and sign—just pop a donation in the box at the kitchen counter.**  
**Sing and sign sessions: over 5's 10.05-10.35, under 5's 10.50-11.20**

**Run of the mill indoor play centre Thursday June 2 5-7pm**

Pear Mill Industrial Estate, Stockport Rd West, Bredbury, Stockport SK6 2BP - booked for our exclusive use. Cost £5 per family, including food. This cost is heavily subsidised so extra donations always welcome! **To make organising easier, please book a place ASAP**  
**phone: 07593 542 107, email: [contact@dsmanchester.org.uk](mailto:contact@dsmanchester.org.uk)**

**Our Website** has been updated—please have a look and send us feedback. We would especially like more photos and items for 'our stories'.

**Manchester Parent Carer Network** ([www.manchesterparentcarernetwork.com](http://www.manchesterparentcarernetwork.com)) is run by parent carers and aims to have a say in the services being developed for children with disabilities. It links together with local support groups, parent representatives and service providers in the health, education, housing and social care sectors across Manchester. **SMDSSG has representation (Bernadette Brooks and Angela Clements), on the steering group which is the decision making body of MPCN. If there is something you would like us to raise at these meetings, please let us know by phone or email (above)**

**NEW SEN SUPPORT GROUP** Manchester Parent Support Service/Parent Partnership has set up a support group for parents and carers of children with additional educational needs, providing an informal drop in, information, advice and support. It will have input to the Manchester parent carers network through representation on the steering group. **Wednesdays during term time, 10.00am—12 noon** at Westwood Street, Moss Side. Further details: Maureen Howell 0161 245 7300 [m.howell@manchester.gov.uk](mailto:m.howell@manchester.gov.uk)

## Resources

### Foundation for People with Learning Disabilities

Teachers and education professionals will be able to find out more about the issues affecting young people with learning disabilities and their transition to adulthood using this range of targeted new online resources launched today.

The publication of these resources is the result of two years of workshops and development programmes involving young people with learning disabilities. These include the recent, highly successful Learning 4 Leadership at Transition programme series at colleges in the London boroughs of Hackney and Lambeth, which were designed to help young people with learning disabilities realise and develop their leadership skills.

Jill Davies, Research Programme Manager at the Foundation for People with Learning Disabilities commented:

"Young people with learning disabilities have very complex needs and face unique challenges during their transition to adulthood. Our research has shown there is a real need for targeted information and guidance to help teachers and education professionals ensure they are addressing those needs.

"This new range of resources has been developed through work with educational institutions and students with learning disabilities to ensure that they are practical and based on real experiences.

"All teachers we have met want to help their students reach their maximum potential, and share our view that students with learning disabilities shouldn't be left out of this ambition. We hope that these new resources will prove a real asset in helping them achieve this aim". The online teaching resources will include information on the following issues:

Inclusion in mainstream education <http://tinyurl.com/3ewkaxb>

Emotional wellbeing and mental health <http://tinyurl.com/3d4gbvc>

Transition to adulthood <http://tinyurl.com/3cdrrua>

Each section will include general information on the projects exploring these issues, as well as further recommendations and related publications. <http://tinyurl.com/3rkug4m>

Further details about the course or the online resources are available at:

<http://www.learningdisabilities.org.uk/help-information/information-for-teachers/>

### New Publication From DSAQ - 'Visual Supports'

This booklet, titled 'Visual Supports', aims to provide information and ideas about the use of visuals to support communication for people with Down syndrome of all ages.

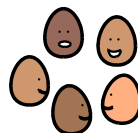
Free to download at:

[http://dsaq.probitypartners.com.au/down-syndrome-information/DSAQ\\_publications](http://dsaq.probitypartners.com.au/down-syndrome-information/DSAQ_publications)

### Manchester Family Service Directory <http://manchester.fsd.org.uk/default.aspx>

This online directory provides information on organisations and services in Manchester for children, young people, families and the practitioners supporting them. There is a disability zone with lots of information including support and leisure activities. If you are unable to find the service you require please contact Manchester Family Information Service at [fisinfo@manchester.gov.uk](mailto:fisinfo@manchester.gov.uk) or by telephone on 0800 083 7921

## Events/Activities/Groups



Anyone interested in attending a course of **baby massage, for babies with additional needs?**\* It will be a 5 week course, **free of charge**, run at Poynton children's Centre, for babies under the age of 12 months. Starting 6th June. Contact: Caroline Aspin Early Years Worker Knutsford Children's Centre Manor Park North Knutsford Cheshire WA16 8DB Tel. 01625 374904 caroline.aspin@cheshireeast.gov.uk

**Trafford Wheelers\*** Longford Athletics track, Ryebank Rd Stretford M21 9TA. Cycling for children with disabilities and differing needs, fun together with family, friends and carers, range of cycles for all abilities, opportunity to learn cycle skills with qualified teachers. Mondays 10-12, Fridays 10-2 Sundays from July 17 1-4 pm. **All day Mondays and Fridays during school holidays.** £2 per session. Call Helen for details 07871621778.

**Saturday club at the donkeys\* June 18**—for children with additional needs and their families. Rides are booked in as you arrive from 10am. Relax over a cup of tea/coffee, bring a picnic or have a snack and meet other parents, carers and supporters. Closes at 1pm. At EST Donkey sanctuary Manchester, Green Fold Abbey Hey Manchester M18 8RJ, Tel 0161 301 4051 for details [www.elisabethsvendsentrust.org.uk/view/manchester](http://www.elisabethsvendsentrust.org.uk/view/manchester).

**Bamboo\* parent support group.** Every Friday, 12.30—2.30, Burnage Children's centre, Broadhill Rd. For parents of children with additional needs. For details, please call Nicki Mansfield (07815 675581), Sam Stout (07791 114179) or Sam Emblow (07948 961049).

**Manchester Pre-school special needs groups\*** Stay and play sessions for young children with disabilities are held throughout the city by the Pre-School Special Needs Service (PSSN). For more information about any of these groups contact the Pre-school Special Needs Service on 0161 274 6377.

### **At Seashell Trust Stanley Road, Cheadle Hulme, Cheshire SK8 6RQ\***

**CADS swimming** development team runs lessons for all ages and abilities. Both group sessions and one to one sessions are available and also parent and baby sessions in the hydro-therapy pool. Please contact Wendy McNeil 0161 610 0159 [wendy.mcneil@seashelltrust.org.uk](mailto:wendy.mcneil@seashelltrust.org.uk)

**CADS dance and drama** session run by the Y dn't U dance group at the Seashell Trust. The cost of the sessions are £3.00 per child and they **run every Saturday in term time.** 10-11.30am Aged 4-11yrs and 11.45 -1.00pm ages 11+yrs. All abilities welcome. For more information please call 07960 279074 or 07966 559164

**CADS Fitness Club** Every Thursday during term time, £1.50 per session, £10 per term. 13-17 years 6-6.45pm, 18-25 years, 7-7.45pm. Contact Heather Potter on: 0161 610 0121 or email: [heather.potter@seashelltrust.org.uk](mailto:heather.potter@seashelltrust.org.uk)

## **Other support groups around Greater Manchester\***

### **East Lancs Down's Syndrome Support Group**

contact Rachel at eastlancsdssg@aol.com or 07717483044 please contact Rachel or Phil at eastlancsdssg@aol.co.uk or on 01706217354.

### **Tameside and Glossop Down's syndrome support group**

Contact: Vicky on 07792827899 or email victoriamassey@hotmail.com.

### **Bury Down's Syndrome Support Group**

Meetings are held on the last Tuesday of the month (Term time only) from 1-3 pm at Redvales Children's centre, Bury. Contact Sheila, email [she.swarb@tesco.net](mailto:she.swarb@tesco.net) mobile: 07729179201 or Jackie on 07796 765361. Website: [dsbury.org.uk](http://dsbury.org.uk)

**Bolton Smiley Faces** Contact Judith Smethhurst 01204 382954

**Cheshire Down's syndrome support group** [www.cheshiredownssyndrome.com](http://www.cheshiredownssyndrome.com)

### **Down's Syndrome Family & Carer's Group, Lancaster**

Liz Fawcett [lancasterdsgroup@hotmail.co.uk](mailto:lancasterdsgroup@hotmail.co.uk) or 01524 64132. Meetings every 1st Saturday in the Month at Appletree Children's Centre, Milking Stile Lane, Lancaster LA1 5QB

### **West Pennine Down's syndrome support group**

Further details: [www.dswestpennine.co.uk](http://www.dswestpennine.co.uk) [dswestpennine@hotmail.co.uk](mailto:dswestpennine@hotmail.co.uk) General Enquiries: Tel: 07842555725 New Parent Helpline: Tel: 07842534819.

## **Free Trial Sessions at Rhythm Time\***

Rhythm Time offers music classes for pre-school children from 0 - 5 years. Although not trained to teach children with additional needs, they teach music to all pre-school children in a sensitive and responsive manner. Every child gets hands-on experience with a wide variety of instruments, plus the use of sensory equipment and there is a lot of vocal work, plus dance and movement. The toddler session, aimed at children 14 months - 3 years old is supported with a CD which is given to the children to take home, encouraging them to sing along to the tunes, helping with vocabulary and practising the exercises and activities in the comfort of their own home. Rhythm Time would like to invite you to a free trial session at their classes. They run classes throughout Cheshire and North Staffs and encourage you to visit their website at [www.rhythmtime.net](http://www.rhythmtime.net) to find a class locally to you, or alternatively call Frances on 01270 884583 to discuss how the classes may help your child and how to book a free session. If there is sufficient interest they would be happy to set up a class specifically for children with Down's syndrome, or you can join in regular classes.

**\*Please note: not run by the South Manchester Down Syndrome Support Group. For information only—we are not responsible for changes to date, time or venue. Please use the contact information supplied to confirm details and to ask any questions.**

L'Arche Manchester invites you to our  
**Monthly Prayer Evenings**



A chance for people with learning disabilities, their friends, carers, family and friends to pray and reflect together

Stay for a cup of tea and biscuits afterwards!

Wednesday 1<sup>st</sup> June 7.30pm

Wednesday 6<sup>th</sup> July 7.30pm

At Chorlton Central Church, Barlow Moor Road, Chorlton, M21 8BF  
(Corner of Zetland Road and Barlow Moor Road)

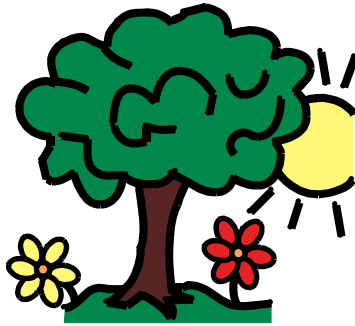
Fully accessible venue.

If you would like more information contact Kevin on 07714 397333  
or at [kevin.coogan@larche.org.uk](mailto:kevin.coogan@larche.org.uk)

## Dates for your diary



Run of the Mill	June 2
CADS Saturday club	Saturdays
Saturday Club at the donkeys	June 18
Seashell Swimming	Saturdays
Bamboo	Fridays
Chatterbox Club	June 25



The views and items in this newsletter are not necessarily those of the South Manchester Down's Syndrome Support Group. Mention does not necessarily mean recommendation or support.



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